

*Review*

# Phytoremediation Potential of Fast-Growing Energy Plants: Challenges and Perspectives – a Review

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*Received: 23 July 2018*

*Accepted: 15 December 2018*

## Abstract

Contamination of soil by toxic elements is a global issue of growing importance due to the increased anthropogenic impact on the natural environment. Conventional methods of soil decontamination possess disadvantages in forms of environmental and financial burdens. This fact leads to the search for alternative approaches of remediation of contaminated sites. One such approach includes phytoremediation. Phytoremediation advantages consist of low costs and small environmental impact. Several fast-growing energy plant species are suitable for phytoremediation purposes. Our article focuses on the phytoremediation potential of energy woody crops of *Salix* and *Populus*, and energy grasses *Miscanthus* and *Arundo*, which are grown primarily for biomass production. This approach links the environmentally friendly and economically less demanding remediation approach with the production of the local sustainable form of energy that decreases dependency on external energy supplies. Energy plants are able to provide high biomass yields in a short period of time, they are resistant against abiotic stress conditions and have the ability to accumulate toxic substances, thus helping to restore the desirable soil properties. The phytoremediation research is very interdisciplinary in its nature. In order to implement phytoremediation practices together with bioenergy successfully, it is crucial to involve site owners, local people, farmers, technology providers and consultants, remediation experts, sustainability assessors, regulatory agencies and certification bodies, biorefineries, financial sponsors, NGOs and other voluntary organizations. Some disadvantages and challenges of phytoremediation are also indicated.

**Keywords:** biomass production, energy plant, environmental contamination, phytoremediation, toxic elements

## Introduction

Risk elements naturally occur in the Earth's lithosphere as well as in soils, waters and living organisms. Many of them represent an essential part of the biological processes, but some of them are toxic to living organisms. A large proportion of heavy metals and metalloids enter the environment by human activities [1-6]. Their excess concentrations are absorbed by living organisms entering the food chain [7-10]. Heavy metals and metalloids pose a serious risk to human health due to their toxic effects [11-14]. Contamination of the environment with heavy metals and metalloids is a serious global problem that has been given increasing attention in recent decades [15] due to the fact that their negative environmental impact is particularly severe [16]. The use of biological material as an indicator for the detection and continual monitoring of the presence of these toxic substances is currently a very topical issue [17, 18].

Certain plants and microbes are able to remove contaminants from the environment and store them in their bodies [12, 19, 20]. A list of plant species reported for phytoremediation of toxic elements includes the genera *Acer*, *Arundo*, *Astragalus*, *Betula*, *Brassica*, *Cannabis*, *Castor*, *Eucalyptus*, *Helianthus*, *Jatropha*, *Linum*, *Miscanthus*, *Phalaris*, *Pisum*, *Populus*, *Quercus*, *Ricinus*, *Robinia*, *Salix*, *Sarcocornia*, *Sorghum*, *Zea mays* and many others [12, 21-30]. Plants used for remediation purposes should be able to grow in less favourable edaphic conditions concerning soil salinity, soil pH, and water content. They should create a dense root system and be resistant to pathogens and diseases [31, 32]. In this way, they can contribute to the biological remediation of contaminated soils and thus improve their properties that are important for ensuring ecosystem services, biodiversity, and food production, as well as human health [33], and restore the balance in a stressed environment [34].

Energy crops are plants grown for their biomass production that can be utilized to make biofuels or combusted to generate heat or electricity. They are also seen as an important component of climate mitigation measures and one of the resources for displacing fossil fuels [35-37]. In addition to the growth characteristics and biomass production of the selected energy crops (*Salix*, *Populus*, *Miscanthus* and *Arundo*) [38-46], our study focuses on their potential to be used for phytoremediation purposes, i.e., phytostabilization, rhizofiltration and phytoextraction of toxic pollutants – especially heavy metals and metalloids from the soil that are accumulated in their extensive root system and aboveground biomass [47-49].

In the following chapters, the issue of environmental contamination and the phytoremediation abilities of the selected energy plants is discussed.

## Results and Discussion

Human activities do not change the overall composition of metal elements on Earth, but they change their distribution and concentration [50]. Major anthropogenic sources of heavy metal and metalloid contamination include mining and industrial waste, smelting of ores, urban soil waste, sewage sludge, wastewater, fertilizers and pesticides [11, 26, 51]. They are accumulated in the environment and may pose serious toxic effects on human health [12, 52].

Pollution by heavy metals and metalloids is caused both by the natural occurrence of ores and anthropogenic activity. Environmental contamination prevails around mines and ore processing areas, agricultural soils, and some industrial and urban centres [53]. The pollutants are introduced mostly in the form of dust particles, by leaching from mining areas and landfills, and also from the overuse of inorganic fertilizers [54].

The monitoring of soil pollution is focused mainly on the following risk elements: As, Cd, Co, Cr, Cu, F, Hg, Ni, Pb, Se, and Zn [55, 56].

In many places, huge health risk is posed by tailing ponds representing potentially contaminated and/or contaminated sites [57]. They contain mainly wastes from coal and ore processing activities, heating plants and power plants. Due to their high environmental risk as well as expensive maintenance, great attention has been given to their re-cultivation and stabilization [58-60].

Plant species that spontaneously occur in areas affected by mining activities and/or soils degraded and contaminated by other industrial activities include the genera *Salix*, *Populus*, *Betula*, *Robinia*, *Acer* and *Pyrus*. This spontaneous vegetation of native flora provides natural rehabilitation of the contaminated areas by having positive visual impact, preventing the spread of the tailings by air and water. The vegetation is able to withstand high concentrations of contaminants, and many native species have high potential for phytostabilization and phytoextraction of the contaminants [61, 62]. These abilities enable the native vegetation to decrease overall air, water and soil pollution [63-65]. Goat willow (*Salix caprea*) is one of the typical pioneer species that can be found at former ore mining sites in Eastern and Middle Europe. Its high tolerance and capacity to absorb and accumulate risk elements points to the possibility of using this native species in remediation of polluted sites [66]. According to Pandey [67], the use of naturally colonizing, economically valuable and perennial plants that are unpalatable to livestock (e.g., *Jatropha curcas*, *Miscanthus giganteus* and *Ricinus communis*) is the best strategy for sustainable phytoremediation of contaminated soils.

Phytoremediation is the use of certain plants to immobilize, extract, degrade and/or accumulate toxic elements, mainly heavy metals and metalloids, from

the environment (soil, water and air). Phytoremediation can be divided into three subsets applicable to contaminant remediation: phytoextraction, rhizofiltration and phytostabilization. Phytoextraction is the use of plants to remove toxic elements from soils. Rhizofiltration is the use of plant roots to remove toxic elements from polluted waters. Phytostabilization is the use of plants to eliminate the bioavailability of toxic elements in soils [68-71]. Except for toxic metals/metalloids, the bioremediation technologies can be used for remediating soils contaminated with other contaminants such as petroleum hydrocarbons, polycyclic aromatic hydrocarbons, polychlorinated biphenyls, solvents, military munition waste, salt (NaCl) and radioisotopes [24, 72]. Although there is scientific proof that phytoremediation provides a cost-effective tool for *in situ* remediation of contaminated sites, it is not easy to implement it in practice due to a certain status quo bias and preference of conventional methods by practitioners [73]. Therefore, phytoremediation technology has been mostly in the research stage. The current research is aimed at genetic modification of some plants in order to increase the phytoremediation efficiency of heavy metals and other xenobiotics. Improvement of metal accumulation can lead to the promotion of phytomining – the use of plants for metal mining. Although this environmentally friendly remediation of polluted soils, sediments and water has not been commercialized and used extensively on a large scale, it is expected to become commercially viable technology in the future [11, 31]. Results of a two-year phytoremediation project conducted on soils contaminated with As, Cd, and Pb showed that costs were lower than for most other technologies, and the benefits of phytoremediation are expected to offset the project costs in less than seven years [74]. Phytoremediation efficiency and biodegradation of organic contaminants, as well as plant growth, can be enhanced by suitable combinations of plants and their associated endophytes. However, the studies on endophytes are mainly based on laboratory experiments and so far they have rarely been conducted under field conditions [75, 76].

Favas et al. [64], Hybská [77], Rungwa et al. [78] and Tangahu et al. [79] summarized the advantages and disadvantages and/or limitations of phytoremediation technologies. The advantages are that they are suitable for various types of contaminants (organic substances, metals and metalloids), the financial costs are low and they do not require energy delivery (energy is obtained from solar radiation). The plant stands are considered environmentally friendly and aesthetically pleasing. They can also contribute to the improvement of the visual aspect of the landscape, provide habitats for animals, reduce dispersal of dust and contaminants by wind and surface runoff, and reduce leaching and mobilization of contaminants in soil. Other environmental benefits include erosion control, minimal site destruction and destabilization, carbon sequestration and improving soil

quality and functionality. There is also a socio-economic benefit to providing job opportunities for local labour. Energy plantations established on contaminated lands do not compete with food production. Phytoremediation can be combined with other remediation methods (e.g., soil washing, soil vapour extraction) [80]. The disadvantages of phytoremediation are that the process is slower than normal physicochemical methods, and the decontamination process can be negatively affected by changes in the living conditions of plants (water, nutrients and oxygen) as well as other factors (e.g., structure of the soil profile, pH, salt concentration and presence of other toxins). Contaminants cannot be completely removed by phytoremediation processes and they might enter the food chain if the accumulator plants are ingested by animals. The technology is applicable to moderately contaminated land. It cannot compete with conventional remediation on heavily polluted sites [80]. Another limitation is that phytoremediation techniques are still under development and therefore they are not accepted by many regulatory agencies. Mosa et al. [31] point out that the phytoremediation potential has not been fully exploited. There are not many commercial-scale applications of this technology for cleaning contaminated soil and water. Inadequate funding of phytoremediation research is also a major problem. There is also concern about the content of toxic elements in the biomass of energy crops produced on contaminated land that may generate hazardous emissions [80].

Phytoremediation research is interdisciplinary in its nature. It involves plant biology, ecology, soil chemistry, soil microbiology and environmental engineering [11].

In order to increase the tolerance, uptake and hyperaccumulation of heavy metals and metalloids by plants, it is essential to integrate genetic engineering and “omics” tools, such as genomics, transcriptomics, proteomics, metabolomics and phenomics. These tools could help to identify genes that would enhance the phytoremediation abilities of plants [31, 52]. Involvement of respective stakeholders such as site owners, local people, farmers, technology providers and consultants, remediation experts and sustainability assessors, regulatory agencies and certification bodies, biorefineries and financial sponsors, NGOs and other voluntary organizations is a crucial aspect of coupling bioenergy production with the phytoremediation of polluted lands. They play an important role in the successful establishment of energy plantation and remediation processes. Suitable species should be properly selected and plantation (“biofuel park”) models should be developed to ensure economic benefits of the bioremediation activities [81]. In this sense, the involvement of geographical information system (GIS) tools is essential in order to obtain and process data and information on plant suitability and environmental characteristics and conditions [82]. As Montpetit and Lachapelle [73] pointed out, “knowledge is key to the successful implementation of a phytoremediation plan

on a contaminated site.” Besides publishing research results in scientific journals, reaching practitioners on the ground as well as informing and educating public and private sectors is doubly important and should lead to greater acceptance for the application of phytoremediation [24].

Soils contaminated by heavy metals and metalloids represent high environmental and health risks, and such soils are not suitable for food production. Studies confirmed that the ability of plants to decontaminate soils polluted with heavy metals is very different [32, 83, 84]. Therefore, it is important to find specific plants for phytoextraction or phytostabilization of specific toxic elements.

Bioenergy production is a subject of ongoing discussion due to its impact on the environment, food security and overall production potential [85]. Coupling bioenergy production with the phytoremediation of contaminated land and water is a very promising strategy that brings an added environmental value [86, 87]. The advantages of using energy plants (woody crops and grasses) for phytoremediation activities include their ability to provide high biomass yields in a short period of time, and the ability to cope with stress and resistance against abiotic conditions (Fig. 1). Pandey et al. [27] and Tripathi et al. [81] provided a comprehensive list of energy crops suitable for combining their biomass production used for energy purposes with the phytoremediation potential of different pollutants. Mosa et al. [31] pointed out that genomic and metabolic engineering strategies should be developed to improve the tolerance uptake and hyperaccumulation of heavy metals and metalloids. Furthermore, breeding programs should be developed to improve the biomass production and growth habits of natural hyperaccumulators and breed those traits into non-food, high biomass, fast-growing plants for

commercial phytoremediation of heavy metals and metalloids.

Short rotation coppice (SRC) plantations of fast-growing woody crops such as willows (*Salix*) and poplars (*Populus*) [88, 89] offer a cost-effective and environmentally friendly method of phytoremediation in various areas. These areas include replacement of small wastewater treatment works, management of industrial and farm wastewater, landfill leachate management and recycling [90-92], remediation of hazardous waste disposal sites [93, 94], heavy metal-contaminated land [95] and groundwater contaminated with pesticides [96]. The method is also applicable for the *in-situ* treatment of tailing ponds [97].

A number of willow species and varieties tolerate metal contaminants (such as Cd, Cu, Pb and Zn) relatively well and are able to accumulate high concentrations of these toxic substances [98-100] and thus help to restore the desirable soil properties. Gommers et al. [101] reported the suitability of the establishment of an SRC willow plantation on radiocaesium-contaminated land. *Salix schwerinii* showed resistance to soil polluted with Al, Cr, Cu, Fe, Ni, Si, and Zn and potential to uptake excess nutrients into plant organs. Willows are able to accumulate a large percentage of Cr, followed by Zn, Cu and Ni [102]. *Salix matsudana* showed great potential in the remediation of Pb contaminants [103]. Kacálková et al. [104] and Kubátová et al. [105] reported that willows accumulated higher amounts of Cd, Cu and Zn than poplars, indicating that willows are more suitable for phytoextraction of these elements.

An outdoor short-term pot experiment demonstrated the potential of black poplar (*Populus nigra* ‘Italica’) in phytoremediation of Cd and Pb. The tested poplar could be potentially used for phytoextraction processes of Cd in moderately contaminated soils, but only for phytostabilization in heavily contaminated soils.

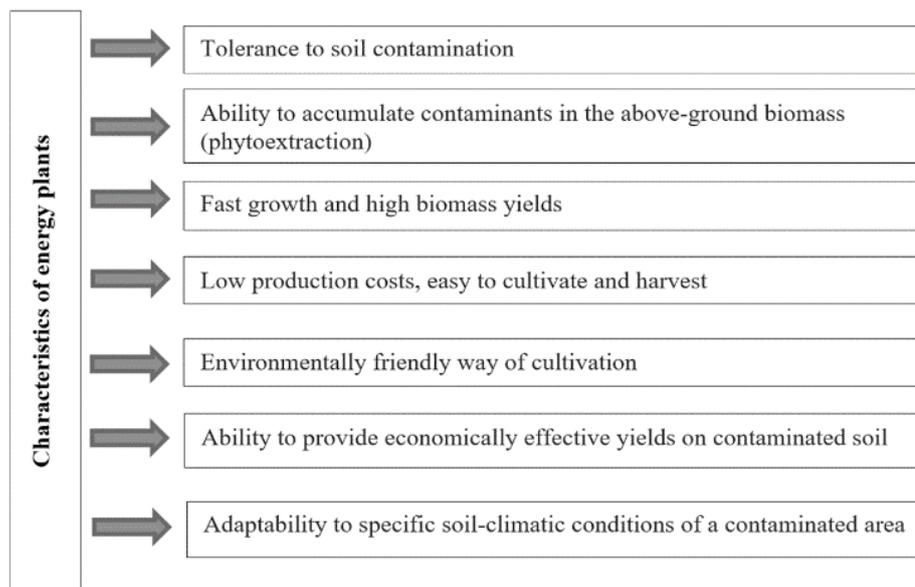


Fig. 1. Characteristics of energy plants required for phytoremediation technologies [81].

It can be considered only as a phytostabilizer for Pb remediation [106].

A study realised in three different sites in Denmark contaminated by Cd, Cu, Ni, Zn, Cr and Pb showed the feasibility of willows and poplars for the phytoextraction of the elements. Willows had higher extraction efficiencies than poplars [93]. Yang et al. [107] studied the potential of 12 different willow clones to tolerate and accumulate Cu and Zn. The study found that the investigated clones were less sensitive to Cu than to Zn. However, Zn showed higher phytoextraction potential than Cu as it was more easily translocated to the above-ground tissues, mainly stems. The study also highlighted that the phytoremediation efficiency of the willows can be improved by selecting the most appropriate species/clones.

Two willow species (*Salix viminalis* and *S. purpurea*) were studied to assess their phytostabilization potential on technosols from a former gold mining site contaminated by As, Sb and Pb. Both species showed tolerance to the contaminants by developing a root system and above-ground biomass. The elements were accumulated mainly in the rhizosphere. It was found that only *S. purpurea* is really efficient in vegetalization of the site and showed a strong accumulation of As. Given the biomass production and accumulation of the metalloids in the root system of *S. purpurea*, it was concluded that the species can be successfully used as a phytostabilization plant in such areas. However, when it comes to extraction, it would take thousands of years to extract all the toxic elements presented in the site [94]. Lafleur et al. [96] suggest that willows can be used to remediate groundwater contaminated with pesticides due to their ability to filter and degrade pesticides (ETU and atrazine).

Several authors [108-110] have pointed out the efficiency of phytoremediation of contaminated soil and the production of biofuels. The main reason is that the demand for biomass as an alternative energy source is increasing. SRC plantations can be established on contaminated soils of industrial zones or other sites contaminated with heavy metals and metalloids in order to combine biomass production with environmental remediation [111-113]. Phytoremediation of heavy metals and metalloids from contaminated soils and waters is considered a low-cost and environmentally friendly method of extracting pollutants from the environment [114, 79]. Moreover, there is potential for the extraction of metals with market value [115].

SRC plantations can also be used for biological wastewater treatment by applying liquid and semi-solid sludge directly to them as fertilizers [116]. Calculations showed that the application of wastewater and sewage sludge to SRC increases profitability by decreasing fertilisation costs and increasing biomass production [117, 118]. The use of sewage water for irrigation and application of sludge on SRC plantations thus provides both economic and environmental benefits, assuming proper management [119, 120]. According to Rosenqvist

and Dawson [118], if an SRC plantation was irrigated by wastewater in a rate of 150 kg ha<sup>-1</sup> N, 1 ha would treat the waste from 120 people. Approximately 1250 ha of SRC would thus be required to treat 10% of the wastewater from Northern Ireland. Dimitriou and Rosenqvist [117] calculated that if all available sludge and wastewater were applied to SRC plantations, approximately 6000 PJ of renewable energy could be produced annually in Europe.

According to Godley et al. [121], the willow SRC can effectively reduce the environmental burden of the discharged landfill leachate by attenuating the leachate contamination. The willows would also benefit from the fertiliser value of the leachate components and thus increase the biomass yield.

There are several examples of the use of willows in large-scale phytoremediation systems. In Sweden, willow plantations were established to treat wastewater, landfill leachate and runoff water from sawmills and pulp mills [122]. A willow plantation was successfully established to treat wastewater from Linwoods milk processing and bakery operation in Ireland. The plantation was irrigated with the partially treated effluent. The irrigation system reduced costs of the effluent transportation previously transported 7 miles to the treatment facilities. The environmental benefits included recycling of all the wastewater, carbon footprint savings, as well as production of wood fuel for biomass boilers and thus decreasing the use of fossil fuels [91].

Experimental research conducted in the tailing pond of the biggest coal combusting power plant in Slovakia, Vojany, showed that willows are suitable for the phytostabilization of the pond. The willows also represent a source of biomass that can be co-incinerated in the power plant. Based on the experimental model, approximately 80 tons of wood chips could be co-incinerated on a daily basis in the Vojany power plant [58].

Other studied energy plants include *Arundo donax* and *Miscanthus spp.* Based on the scientific reports, both energy plants can be used (similarly to willows and poplars) for energy purposes combined with the remediation of contaminated and marginalized soils that are not used for food production [23, 123-128].

*A. donax* is a very promising plant in terms of biomass production and its conversion to bioenergy and bioproducts [129-131]. It can be adapted to a broad range of environments. However, it has a high invasive potential, therefore ecological control should be addressed [129]. *Miscanthus* is a fast-growing grass used for bioenergy production [132] that grows relatively well on contaminated soils. The amount of contaminants transferred to the plant is low and thus the produced biomass can be used as a biofuel [123].

According to a recently published study, *A. donax* provides higher yields than *Miscanthus × giganteus* [21], mainly due to the fact that *A. donax* can be harvested multiple times per year, which is not recommended for *Miscanthus*. However,

*A. donax* requires more energy input for planting than *Miscanthus* [129]. The yield of the above-ground biomass can significantly exceed the production of other plant species grown for energy purposes [133]. Genetic resources of *A. donax* were collected in Sicily and Calabria in order to evaluate the production potential of the species. The study focused on evaluating 39 clones. The average dry matter yield was 10.6 t ha<sup>-1</sup> in the first year and 22.1 t ha<sup>-1</sup> in the second year [134]. The results of a long-term field experiment in central Italy showed that *A. donax* had a higher annual production of the dry matter (37.7 t ha<sup>-1</sup>) than *M. × giganteus* (28.7 t ha<sup>-1</sup>) [135]. Del Giudice et al. [136] reported even higher dry matter production of coastal vegetation of *A. donax* in Central Italy, ranging from 43.4 to 59 t ha<sup>-1</sup>.

*A. donax* can also be used as an ecological indicator of environmental conditions [137]. The species showed potential for remediating soils contaminated with heavy metals, such as Cd [138, 139], Co, Fe [125], Ni [125-127, 140], Pb [23] and Zn [23, 140]. Richveisová et al. [140] confirmed the distribution of Cd and Zn in *A. donax* from roots to above-ground biomass, pointing to its phytoextraction potential. *A. donax* was able to accumulate Cd to a higher extent without any adverse effects on its growth. Therefore, it could be used for the treatment of Cd-contaminated sewage and industrial wastewaters [127]. Atma et al. [126] evaluated the accumulation of Ni in *A. donax*. The results showed that the plant was able to survive high Ni content, thus indicating its potential for phytoextraction of Ni. *A. donax* is also a selenium hyperaccumulator plant that is able to clean Se-contaminated agricultural soils and wastewaters [141].

*A. donax* can be grown on marginal sites and sites contaminated by trace elements as well as in constructed wetlands [142]. Constructed wetland systems with *A. donax* and *Sarcocornia* provide a promising solution for treating tannery wastewater [22]. Alshaal et al. [125] showed that *A. donax* can be used for decontamination of land flooded by toxic red mud from an aluminium manufacturing plant in Hungary in 2010. *A. donax* decreased available trace metals (Cd, Co, Fe, Ni and Pb) as well as salinity and pH of the red mud.

Similarly to *A. donax*, *Miscanthus* was also reported to be suitable for phytoremediation of heavy metals, such as Cd, Co, Cu, Fe, Ni, Pb, Zn [21, 102, 104, 125-128, 143-145]. *Miscanthus* was planted on soils contaminated by the Chernobyl nuclear accident [146] and used for revitalisation of mining brownfields in Slovakia [147]. Experiments conducted in Romania on soils contaminated by Pb and Cd confirmed the high ability of biomass production of *Miscanthusgiganteus*. The content of Pb and Cd accumulated in the above-ground biomass was small, enabling its unlimited energy use [148].

Pidlisnyuk et al. [149] studied the use of *M. giganteus* on a contaminated site of a former military area in Kamenetz-Podilsky, Ukraine. The site is contaminated mainly by Fe, Mn, Ti and Zn. After two growing

seasons, research confirmed the allocation of the studied elements – mainly in the roots and less in the stems and leaves. The results showed that *M. giganteus* can be used both for phytoremediation and energy production. Iqbal et al. [150] stated that *Miscanthus* decreases the availability of Cu in soil. The increase of organic C in soil caused by the *Miscanthus* growth is beneficial for the absorption of Cu compounds that further decrease its biological availability.

Li et al. [151] reported the ability of energy grasses to produce biomass and also accumulate higher concentrations of Zn and Cr in their roots. The concentration of these elements was seven times higher in roots compared to the above-ground biomass. It was confirmed that *Miscanthus × giganteus* also tolerates high concentrations of Ni and is able to accumulate it [152].

*Miscanthus* and 16 willow species and cultivars were tested in a palladium-contaminated synthetic and mine-sourced tailings. The results indicated the possibility of using the plants for accumulating palladium and decreasing the overall environmental impacts associated with its extraction [153].

## Conclusions

Contamination of the environment is a serious global issue. Therefore, it is necessary to implement effective and environmentally sound remediation approaches. Phytoremediation is a very promising eco-friendly and cost-effective technology that is also expected to be commercially feasible in the near future. Phytoremediation activities can also help in ecological recycling of heavy metals and metalloids. Due to the interdisciplinary nature of the phytoremediation research, knowledge from different fields of studies should be implemented for reaching the best results. Approaching the private and public sectors and providing them with education about phytoremediation activities is another important aspect. Research studies proved that energy plantations of *Salix*, *Populus*, *Miscanthus* and *Arundo donax* (as well as other species) are suitable for providing sustainable biomass yields while decreasing the negative environmental impact of polluted water, land and air. Energy plantations established on contaminated land provide environmentally and economically beneficial treatment of soil and do not compete with food production. Coupling bioenergy production with phytoremediation could thus play an important role in energy self-sufficiency and environmental remediation of polluted land. The use of bioenergy from contaminated land can, however, be restricted due to possible emissions of toxic elements accumulated in the biomass. Phytoremediation is more suitable for moderately contaminated soil. It is less effective on heavily contaminated lands than conventional soil remediation methods. Further research in genetic engineering is required in order to increase

the phytoremediation abilities of selected plants. Although examples show that phytoremediation has been successfully established in the commercial sphere, many more such projects are needed in order to promote these activities on a large scale.

### Acknowledgements

This work was supported by VEGA grant No. 1/0147/17 and FESRD grant agency project Nos. 2/2017 and 3/2017.

### Conflict of Interest

The authors declare no conflict of interest.

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