

hampers plant growth [34]. However, okra plants treated with α -tocopherol have shown improvement in growth characteristics. This showed that alpha tocopherol supplementation increases plant growth by stimulation of various signaling factors involved in plant growth regulation [35]. As being sessile in nature, plants suffer from severe yield losses because of physiological level injuries under high salt levels [36]. In present investigation, salinity markedly reduced okra plants yield by reducing pods number. Reduction in yield might be attributed to hampered growth, photosynthesis and nutrient imbalance due to salt stress [6, 13]. Seed priming with alpha tocopherol markedly enhanced yield of okra plants, as exogenously applied alpha tocopherol increased productivity by improving growth and nutritional balance [13].

Total soluble sugars and reducing sugars remarkably enhanced in tested okra varieties under salinity. A prominent increase was observed in sugars content in okra due to seed priming treatment with α -tocopherol. Salinity tolerance may have been achieved due to accumulation of carbohydrates as protection mechanism [7]. Accumulation of sugars under abiotic stresses thought to be a symbol of membrane damage due to stresses induced ROS [37]. Alpha tocopherol improves higher buildup of carbohydrates [38]. To overcome brutal ROS effects, plants trigger induction of antioxidants [39]. Imposition of salinity stress significantly enhanced CAT, GPX, SOD and protease in the tested okra varieties. While, slight but non-significant enhancement was observed in the activity of POD. Enzymatic antioxidants play vital role to restore cellular redox balance by scavenging ROS (H_2O_2) [40]. Alpha tocopherol boosted the activities of CAT, SOD, GPX and POD non-significantly in current investigation whereas, marked acceleration have been recorded in the activity of protease. It is hypothesized that α -tocopherol enhances endogenous levels of enzymatic antioxidants and protects the chloroplasts and cellular membranes from salinity induced ROS [41]. Higher concentration of leaf ascorbic acid was recorded in tested okra varieties under salt stress. The α -tocopherol seed treatment significantly increased ascorbic acid content of both okra varieties under stressed and non-stressed conditions as; Ascorbic acid balances the osmotic homeostasis.

Salinity non-significantly enhanced total phenolics content in okra leaves. Priming with α -tocopherol markedly increased total phenolics content in tested okra varieties. Total phenolics play vital role in plants by controlling plant metabolism.

In the current investigation, H_2O_2 and MDA were observed increased in tested okra plants. It is reported that, salinity triggers ROS production as by-products of cellular metabolism [42]. Furthermore, increased level of MDA indicates alterations in the functions and structure of cellular membranes due to peroxidation [43]. Priming of okra plants with α -tocopherol non-significantly affect MDA and H_2O_2 under control and saline treatments, α -tocopherol helps in stabilizing lipid

membranes and scavenging ROS [15]. Total soluble proteins act as signaling molecules (sugar signaling) and osmolyte in plants during environmental strains. It is also hypothesized that higher levels of total soluble proteins increase SOD activities in plants thus, minimize adverse effects of ROS. Enhanced content of total soluble proteins was observed in tested okra plants due to salinity and, α -tocopherol treatment increased total soluble proteins level in tested varieties, positive correlation exists between exogenous application of α -tocopherol and proteins biosynthesis [38].

Salt stress markedly improved free proline content in the leaves and fruit tissue of tested okra varieties. Positive correlation exists between salinity stress responsive proteins and proline accumulation [44].

Improved production of compatible solute glycinebetaine (GB) is preferential mechanism adapted by plants to combat salinity and salt stress markedly increased GB level in the fruits and leaves of both okra varieties. Seed priming treatment of tested okra varieties with α -tocopherol significantly enhanced GB level in leaves and fruit tissue of tested okra plants. Accumulation of GB is the preferential response of plants in salinity stress which stabilizes photosynthetic apparatus and pigments [45].

Conclusion

It has been concluded that salt stress adversely modulated various morpho-physiological traits of okra thus, alpha tocopherol seed priming treatment proved effective to combat salinity induced modulations by improving growth, yield, concentration of osmoprotectants (sugars, total soluble proteins and glycinebetaine) and activities of antioxidants (ascorbic acid, total phenolics, GPX, SOD and protease). It was also found that, application of alpha tocopherol at 200 and 300 mg L⁻¹ proved more active and okra variety Noori performed better in all attributes.

Conflict of Interest

The authors declare no conflict of interest.

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