Introduction

For the past twenty years, public concerns on environmental issues both at the micro and macro-economic level have been increasing due to rising environmental problems and their harmful effects on environmental health and ecosystem vitality [1]. The rapid pace of growth in different sectors of the global economy has resulted in a wider range of negative environmental consequences and as a result of this, the focus of scientific communities, worldwide, has been directed to seek a balance between socio-economic, political and environmental conditions [2]. A series of efforts such as “Declaration of the UN conference on
Human Environment” in 1972; the Rio Earth Summit in 1992, Kyoto Protocol, Millennium Declaration 2000, and Action Plan for 2016-2030 have been agreed upon and implemented globally for environmental protection by the United Nations (UN).

The pressure on governments to improve their environmental performance has been increasing globally [2]. Under the 2030 Agenda for Sustainable Development, the countries are now answerable to its citizens to provide information on their environmental policies for pollution control and natural resource management to ensure national sustainability. Different aspects of environmental performance have been the area of research interest in the business at micro-level, but very limited literature exists at macro-level [1, 3]. At micro-level, the environmental performance analysis provides guidelines to make decisions for investment, while at macro-level; it shows the country’s ability to produce environmental goods at large. The environmental outcome of a country depends on its industrial and services sectors, and the evaluating factors held responsible for environmental performance plays a crucial role in policy development as well as the measurement of policy outcomes for the country [4-8]. Environmental Performance Index (EPI) highlights a country’s efforts against the environmental pressures being faced by it. Thus, analyzing the EPI’s behavior and influencing factors will provide a strong base for effective policymaking. This can help in understanding the determinants of environmental progress and maximizing the rate of return on investment in environmental management to ensure environmental sustainability [2]. Environmental Sustainability Index (ESI) was first coined to quantify the sustainability metrics in 2000 by the Yale Center for Environmental Law and Policy (YCELP) and the Center for Earth Information Science Information Network (CIESIN) at Columbia University. ESI could not serve as a concrete document to guide the policymakers since it was based on broad-spectrum sustainability metrics, Natural Resource Endowments (NRE), pollution trends, Environmental Management’s Efforts (EME), Global Common-Pool Resource Management (GCPRM) and society’s ability to improve environment. Later on, the EPI concept, based on a narrow set of indicators, was introduced. The choice of EPI was based on the fact that it can conveniently measure and compare the environmental performance of a nation over time to hold accountable the concerned stakeholders (governments) to strengthen the effectiveness of policies. The EPI focuses on two basic aspects of sustainable development: firstly, the environmental health that develops as a result of economic growth and prosperity and secondly, the ecosystem vitality which depends on industrialization and urbanization [9].

The effects of environmental change are rising, and no part of the world is immune. Asia is the biggest continent globally with regard to land and population having the world’s most carbon emission countries and polluted cities. Between 1990 to 2014, the per capita carbon emission has increased by 259%, 333% and 184% in India, China, and Indonesia respectively [10]. Asian region is facing rigorous issues of biodiversity loss, decrease in agriculture yield, accessibility of clean and safe drinking water, and deforestation putting drastic negative impacts on the environmental performance and welfare [2, 3, 11, 12]. Environmental conditions proxied by greenhouse effect, energy utilization and environmental performance proxied by EPI are main challenges in the Asian region. The 2018 EPI reports that the Asian countries are worst on the basis of environmental performance across the globe. This region is growing economically rapidly but environmental governance is very badly affecting the environmental performance [3]. Environmental degradation causes the death of about 1.6 million individuals in China annually [13] while the Southeast Asian region is also anticipated to endure 11% of Gross Domestic Product (GDP) loss by 2100 [14]. Environmental degradation has been articulated as habitat destruction, logging, less fertile soils, loss of freshwater availability, depletion and scarcity of natural resources, indefensible forest management and an acute rate of biodiversity loss [15]. Since, the economy and the environment act as two parts of a whole, both interlinked with each other via consumption and production sectors. Thus, the aim of economic policies should be to ensure environmental sustainability without hampering economic development.

The literature has widely debated the environmental outcome mostly considering carbon emission from a wider set of macro-economic variables [16-21]. But, a single variable cannot represent the complex and dynamic system of environmental performance [4-7, 16].

The current study serves as the pioneering effort to evaluate the influence of selected macro-economic variables on multidimensional environmental performance indicator (EPI) since the existing literature in the domain of environmental economics has centered its attention to compare the year wise environmental performance using cross-sectional data [2]. This analysis will help in evaluating environmental performance over time and designing long-term planning for environmental sustainability. This will not only be helpful for the governments to gauge the outcome of their previous efforts but also to formulate the effective environmental policies and to put these policies into practice for improving the environmental performance in future. This study will fill the research gap in the following ways. Firstly, the research outcome will raise the public’s interest and attention at large; political parties may put the study implications into their government’s agenda for environmental sustainability. Since today’s world witnesses a new age of policymaking based on data-driven environmental analysis, it will help identify problems and track time trends to identify best practices and optimize the
fruits of environmental protection measures. Secondly, the research findings will provide ground for policy reformulation by understanding the environmental progress determinants in this region specifically, while ensuring sustainable development in the globe generally.

The remainder of this paper is presented in the following way: the second part discusses brief literature review and theoretical framework, the third part is material and methods section, the fourth part is results and discussion and the fifth part is conclusions followed by acknowledgement and references.

**Literature Review and Theoretical Framework**

Environmental performance in manufacturing process is greatly improved by eco-innovation. The performance is improved by efficient resource usage, water and air pollution reduction and improving recycling in production process [23]. Eco-innovation reduces environmental pressure by improving energy efficiency and material use and is key to success of strategies for environmental performance [8, 24-26].

A study in European Union is conducted to evaluate the environmental performance for the period 2001 to 2013 by dividing into two groups; 2001-07 as economic growth and 2007 to 13 as sever crisis respectively. The study claims that environmental performance is greatly affected by production process and energy usage. The environmental performance is dismal during economic crisis as compared to growth period. The study found that environmental performance improved in both periods due to adoption of environmental technologies. The study suggests an improvement in the design of environmental and energy use policy especially giving subsidies for renewable energy adoption. Through environmental efficiency, productivity and competitiveness will be helpful in achieving environmental performance [27].

Relating environmental performance with socio-economic and cultural factors, it is found that economic growth and EPI show an inverted U-shape relationship for the Middle East and Africa while an N-shape for European countries. No relationship exists in case of Asia. Life expectancy and population density affects positively and negatively the environmental performance in respective manner while most of the cultural factors affect statistically insignificant the environmental performance in the Middle East, Africa and Europe in contrast to Asia and Oceania [28].

Socio-economic and Environmental Performance Indices are meaningful to evaluate social, economic and environmental conditions of a country. EPI provides a strong analytical tool to evaluate the environmental policy of any country. A high level of carbon emissions in a country lowers its ranking in environmental performance and has strong association with its ranking on sustainable development and social progress index. GDP and EPI are strongly correlated and a policy aimed at environment friendly economic growth may be helpful in achieving economic as well as environmental performance [29]. Environmental performance describes the pollution level of a country and is continuously changes over time. A comprehensive indicator to gauge the environmental performance is highly shown by EPI. How the environmental policy affects environmental performance of a country is highly debatable among policy makers and environmentalist. In addition to environmental policy, structural and economic characteristics, the institutional factors greatly affects the environmental performance [30]. Improving environmental quality is prerequisite for sustainable development. While investigating the effects of potentially effective variables on environmental performance, it is found that economic growth, energy consumption per GDP, industrial structure and population growth are ranked from higher to lower level respectively [24].

Measuring the impact of sociopolitical and economic factors to environmental performance in a panel study, it is shown that democracy and social policy have positive while transport, infrastructure and consumptions of goods have negative impacts on environmental performance. Asian region has 26 % achievement in environmental performance [31]. Evaluating environmental performance has now become an area of high interest among researchers in the public sector. Environmental performance analysis provides country’s assessment and holding the governments accountable for its deterioration, continuous improvement in policy options and collective efforts on environmental progress (Organization for Economic Co-operation and Development [OECD]) [32]. The Rio Earth Summit emphasized that efforts should be moved at all levels towards the achievement of environmental sustainability. Concerns for environmental performance are still there in spite of the fact that rigorous efforts have been made to control environmental degradation and natural resource management at national level globally. But very little effort has been done to identify the success of such programs [4-8, 22, 27, 33-37]. This research gap is filled by the current study.

Economic theory (Environmental Kuznets Curve – [EKC]) maintains that environmental performance improves with a country’s improvement in economic growth (GDP). Studies have also confirmed that countries at same level of economic growth have different environmental performance, thus it provides strong base for further evaluation to know about its behavior. Ecological Modernization Theory (EMT) and Ecological Kuznets Curve Theory (EKCT) have explained how various economic factors affect the environment and provide a strong theoretical background for this study. Both of these theories establish a curve-linear association between economy and environment over a period of time rather a linear
relationship. Heavy extraction of natural resources in early phases of industrial development and use of less efficient technologies affect ecological system adversely. The EMT also explains the changing relationship between economic growth and environment and claims to elaborate on new conditions for environmental sustainability. A better environmental performance of a country leads to the production of environmental public goods and reduces greenhouse gases emission to protect global ecological system [7, 33, 35, 37]. Per capita GDP energy consumption of a country reflects energy efficiency and greatly affects environmental performance. Hojnik and Ruzzier [4] found that deforestation has an economical cost and serves as strong environmental indicators. A higher level of environmental degradation greatly affects the human health while higher afforestation activities greatly improve environmental performance and human health [38]. A careful selection of variables in the light of the extant literature is ensured to evaluate their effects on environmental performance in the study region.

**Materials and Methods**

**Data Specification**

The empirical analysis is performed by using panel data of 34 countries from Asia (Armenia, Azerbaijan, Bangladesh, Cambodia, China, Cyprus, Georgia, India, Indonesia, Iran, Iraq, Israel, Japan, Jordan, Kazakhstan, Kyrgyz Republic, Lebanon, Malaysia, Mongolia, Myanmar, Nepal, South Korea, Pakistan, Philippines, Russian Federation, Saudi Arabia, Sri Lanka, Tajikistan, Thailand, Turkey, Vietnam, Yemen, Uzbekistan, United Arab Emirates) from 2006 to 2017. The selected variables are EPI as a dependent while GDP per capita, fertilizer consumption, renewable energy use, forest area, and food production index are taken as independent variables. The EPI score measured on scale of 0-100 quantify and numerically rank counties on the basis of their environmental performance. EPI is calculated using 32 performance indicators across 11 issue categories related to environmental health and ecosystem vitality having 40 and 60 percent contribution in cumulative EPI score (https://epi.yale.edu/about-epi). Economic growth is measured by GDP per capita (constant 2010 USD); Renewable energy consumption (% of total energy consumption); Fertilizer use (kilograms per hectare); Forest area (% of total land) and Food production index (2004-2006=100) covers food crops that are considered edible and contain nutrients collectively. All data is collected from World Development Indicators (WDI) of World Bank. The trend diagrams (Figs 1-6) show the overtime performance of selected variables in Asian countries. There is no normal trend in EPI improvement in Asian countries while the average EPI score (57.63) shows a significant margin of improvement in the environment.
What Drives the Environmental Performance...

The rising economic growth, higher food consumption, and fertilizer use but the decreasing use of renewable energy (%) in total energy consumption and forest areas in these countries may be considered as hindrance to environmental performance.

Econometric Procedure

The dynamic relationship between the selected variables is explored following the empirical model [39], and is expressed as:

$$\text{EPI} = f(\text{GDP}, \text{REN}, \text{FOR}, \text{FOD}, \text{FER})$$

(1)

It is transformed by taking natural logarithms on both sides, and the inclusion of the error term as follows:

$$\ln\text{EPI}_{it} = \beta_{10} + \beta_{11}\ln\text{GDP}_{it} + \beta_{21}\ln\text{REN}_{it} + \beta_{31}\ln\text{FOR}_{it} + \beta_{41}\ln\text{FOD}_{it} + \beta_{51}\ln\text{FER}_{it} + \epsilon_{it}$$

(2)

The subscript $i$ shows the cross-sections (total 34 countries), $t$ reveals the time series, the coefficients $\beta_{1}$, $\beta_{2}$, $\beta_{3}$, $\beta_{4}$, and $\beta_{5}$ are the slope coefficients, and $\epsilon$ denotes the error term.

Cross-Sectional Dependence (CD) Tests

The CD may exist due to interaction among the selected variables as well as due to spatial effects and might give misleading results [40]. Thus, investigation of CD is the initial step in the panel data analysis. The null hypothesis shows the absence of CD in the panel [41]. The CD test applied is expressed as [42]:

$$\frac{2T}{N(N-1)} \sum_{i=1}^{N-1} \sum_{j=i+1}^{N} \hat{\rho}_{ij}^2 \sim \text{N}(0,1)$$

(3)

$$\text{CD} = 1, 2, 3, 4, \ldots, \ldots, 65, \ldots, \ldots, N$$

(4)

$$\text{LM} = \frac{2T}{N(N-1)} \left( \sum_{i=1}^{N-1} \sum_{j=i+1}^{N} \hat{\beta}_{ij}^2 \right) \frac{(T-k)\hat{\rho}^2_{ij}}{\text{Var}(T-k)\hat{\beta}^2_{ij}}$$

(5)

$\hat{\rho}^2_{ij}$ reveals the residual pair-wise correlation sample estimate, which is estimated with a simple linear regression equation. This study used parametric CD test [43, 44] as well as semi-parameter CD tests [45, 46]. These tests are useful for the panel, having a large number of cross-sections and small-time period.

Panel Unit Root Tests

The conventional unit root tests may provide biased results in the presence of CD. Pesaran [47] and Choi [48] proposed a unit root test in the presence of CD,
called Choi test [48]. Therefore, the CIPS [47] and CADF, the second-generation unit root test was used for the detection of the order of integration. This test has the ability to control the heterogeneity and CD.

Westerlund Panel Co Integration Test

It is appropriate to apply the Westerlund cointegration test [49] in the presence of CD. This test establishes a model with panel specific-AR test statistic and the same-AR test statistic, which were estimated with the following equations [40]:

\[ VR = \sum_{i=1}^{N} \sum_{t=1}^{T} \beta_{it}^2 \hat{R}_{i}^{-1} \]  

\[ VR = \sum_{i=1}^{N} \sum_{t=1}^{T} \beta_{it}^2 \left( \sum_{i=1}^{N} \hat{R}_{i} \right)^{-1} \]  

...where, \( \hat{R}_{it} = \sum_{t=1}^{T} \hat{e}_{it} \), \( \hat{R}_{i} = \sum_{t=1}^{T} \hat{e}_{it}^2 \) and \( \hat{e}_{it} \) are residual from the panel regression model while VR shows the group mean variance-ratio statistic.

Vector Error Correction Model (VECM) of Granger Causality

The cointegration test only confirmed the causal association among the variables, but it cannot explore the direction of causality. The general method of Engle and Granger test is employed to determine the nexus between different variables. According to Peng and Liu, (2016), the use of Engel and Granger [50] causality test in first difference form by Vector Autoregressive (VAR) model fails to provide reliable results in the existence of cointegration. An additional variable such as error correction term (ECM) is helpful in order to find the long-run association. The augmented Granger causality test is used after the inclusion of ECM in a multivariate path order form. Following Engle and Granger [51], the VECM model is described below after modifying it according to the selected variables:

\[ \Delta \text{lnEPI}_{it} = \sum_{p=1}^{p} \beta_{12k} \Delta \text{lnGDP}_{it-k} + \sum_{p=1}^{p} \beta_{13k} \Delta \text{lnREN}_{it-k} + \sum_{p=1}^{p} \beta_{14k} \Delta \text{lnFOR}_{it-k} + \sum_{p=1}^{p} \beta_{15k} \Delta \text{lnFOD}_{it-k} + \sum_{p=1}^{p} \beta_{16k} \Delta \text{lnFER}_{it-k} + \beta_{i} C_{i} + \beta_{i1} \text{ECM}_{it-1} + \epsilon_{it} \]  

...where, \( i = 1, 2, 3, \ldots, n; \ t = p + 1, p + 2, \ldots, T \). \( C_{i} \), \( \beta \), and \( \lambda \) shows the estimated parameters. \( \Delta \) denotes the first difference, \( \text{ECM}_{it-1} \) is the error term with one period lag and it was derived from the cointegration vector and \( \epsilon_{it} \) are serially independent error terms with finite covariance matrix and zero mean. The F-test is used to explore the causality [52]. The GDP Granger causes EPI in the short run when all the coefficients \( \beta_{it} \forall k \) is significantly different from zero in Eq. It is called a short-run causality test. The ECM coefficient shows the speed of deviations elimination from the long-run equilibrium. The significance of ECM is another test, which is called the long-run causality test.

Fully Modified Ordinary Least Square (FMOLS)

The FMOLS- a non-parametric analysis was used for the estimation of long-run elasticity coefficients. The FMOLS showed the ability to tackle endogeneity and serial correlation in the estimation of coefficients in panel data. The mathematical expression for the panel FMOLS estimator is expressed as [52, 53]:

\[ \hat{\beta}_{\text{FMOLS},i} = N^{-1} \sum_{i=1}^{N} \hat{\beta}_{\text{FMOLS},i} \]  

...where \( \hat{\beta}_{\text{FMOLS},i} \) is the FMOLS estimator applied to the ith country, and the associated t-statistic is:

\[ t_{\hat{\beta}_{\text{FMOLS}}} = N^{-1/2} \sum_{i=1}^{N} t_{\hat{\beta}_{\text{FMOLS},i}} \]  

Results and Discussion

Table 1. shows the country-wise mean values for evaluating the country with respect to selected variables. Japan has the highest mean value for EPI with 75.32 followed by Malaysia (69.763) and Cyprus (69.02), while Bangladesh has the lowest value of (41.48) followed by Yemen (43.336). Nepal and Myanmar stood amongst highest renewable energy consuming countries with 87.03 and 74.745 % while Saudi Arabia, UAE and Iran are least consuming with 0.007, 0.120 and 0.954 respectively. Malaysia, Jordan and China amongst highest fertilizer use with 1674.00, 804.863, and 513.69 kg/Ha respectively while Kazakhstan is lowest consuming only 3.065 Kg/Ha. Forest area is highest in Japan (68.464) followed by Malaysia (66.888) while Saudi Arabia and Yemen are amongst lowest with 0.454 and 1.04 percent respectively. Food production index is highest in Cambodia and Bangladesh having 158.18 and 130.382 while Georgia and UAE are lowest with 76.819 and 90.150 respectively.

Table 2. Illustrates the descriptive statistics in the panel. A wide dispersion exists in most of the study variables: in economic growth, as evaluated by domestic product per capita (from 353.72 to 53926.60), and in...
Table 1. Means of selected variables in selected Asian countries (2006-2017).

<table>
<thead>
<tr>
<th>Countries</th>
<th>Environmental Performance index (0-100)</th>
<th>GDP per capita (constant 2010 USD)</th>
<th>Renewable energy consumption (% of total)</th>
<th>Fertilizer use (kilograms per hectare)</th>
<th>Forest area (% of total)</th>
<th>Food production index (2004-2006 = 100)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Armenia</td>
<td>64.573</td>
<td>3573.969</td>
<td>9.797</td>
<td>36.963</td>
<td>11.647</td>
<td>128.386</td>
</tr>
<tr>
<td>Azerbaijan</td>
<td>60.943</td>
<td>5591.231</td>
<td>2.928</td>
<td>19.288</td>
<td>12.675</td>
<td>130.762</td>
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<tr>
<td>Bangladesh</td>
<td>41.482</td>
<td>834.283</td>
<td>40.055</td>
<td>246.653</td>
<td>11.048</td>
<td>130.382</td>
</tr>
<tr>
<td>Cambodia</td>
<td>47.258</td>
<td>877.936</td>
<td>68.054</td>
<td>17.577</td>
<td>56.101</td>
<td>158.181</td>
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<tr>
<td>China</td>
<td>52.614</td>
<td>5160.204</td>
<td>13.115</td>
<td>513.691</td>
<td>21.617</td>
<td>124.362</td>
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<td>Cyprus</td>
<td>69.027</td>
<td>29754.700</td>
<td>7.689</td>
<td>157.871</td>
<td>18.699</td>
<td>83.780</td>
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<td>62.081</td>
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<td>32.988</td>
<td>101.781</td>
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<td>44.551</td>
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<td>129.541</td>
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<td>Iran</td>
<td>60.338</td>
<td>6311.515</td>
<td>0.954</td>
<td>96.701</td>
<td>6.564</td>
<td>106.886</td>
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<tr>
<td>Iraq</td>
<td>44.051</td>
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<td>1.265</td>
<td>43.521</td>
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<td>260.168</td>
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<td>257.501</td>
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<td>Kazakhstan</td>
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<tr>
<td>Malaysia</td>
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<td>4.650</td>
<td>1674.631</td>
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<td>25.364</td>
<td>123.143</td>
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<td>131.589</td>
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<td>Philippines</td>
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<td>267.402</td>
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<td>53.345</td>
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<td>Turkey</td>
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<td>13.157</td>
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<td>United Arab Emirates</td>
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<td>40875.520</td>
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<td>1.355</td>
<td>14.948</td>
<td>1.040</td>
<td>131.497</td>
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</tbody>
</table>

renewable energy use (from 0.01 to 91.31); fertilizer use from 2026.90 to 1.08 Kg/Ha; forest area from 68.48 to 0.45 % of total land while food production index ranges from 195.03 to 63.03). On average, EPI is (57.63), with a minimum value of (25.32) and a maximum value of (84.50).
Table 3. Residual CD tests results.

<table>
<thead>
<tr>
<th>CD tests</th>
<th>Test-stat.</th>
<th>Prob.</th>
<th>Cross-sectional dependence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pesaran CD</td>
<td>47.051**</td>
<td>0.000</td>
<td>Exist</td>
</tr>
<tr>
<td>Friedman</td>
<td>219.534**</td>
<td>0.000</td>
<td>Exist</td>
</tr>
<tr>
<td>Frees</td>
<td>11.272**</td>
<td>0.000</td>
<td>Exist</td>
</tr>
</tbody>
</table>

*significant at 1%

Table 4. Results from the Pesaran (2004) cross-sectional independence test.

<table>
<thead>
<tr>
<th>Variable</th>
<th>CD-test</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>lnEPI</td>
<td>55.58***</td>
<td>0.000</td>
</tr>
<tr>
<td>lnGDP</td>
<td>40.55***</td>
<td>0.000</td>
</tr>
<tr>
<td>lnREN</td>
<td>4.53***</td>
<td>0.000</td>
</tr>
<tr>
<td>lnFOR</td>
<td>20.26***</td>
<td>0.000</td>
</tr>
<tr>
<td>lnFOD</td>
<td>28.27***</td>
<td>0.000</td>
</tr>
<tr>
<td>lnFER</td>
<td>18.08***</td>
<td>0.000</td>
</tr>
</tbody>
</table>

Notes: ***represents statistical significance at 1%. The Pesaran CD test is based on the null hypothesis of cross-sectional independence.

Table 5. Results from the panel unit root test.

<table>
<thead>
<tr>
<th>Variable</th>
<th>CIPS</th>
<th>CADF</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Level</td>
<td>Δ</td>
</tr>
<tr>
<td>lnEPI</td>
<td>-1.246</td>
<td>-1.731**</td>
</tr>
<tr>
<td>lnGDP</td>
<td>-2.281</td>
<td>-1.875**</td>
</tr>
<tr>
<td>lnREN</td>
<td>-2.271</td>
<td>-2.509**</td>
</tr>
<tr>
<td>lnFOR</td>
<td>-1.014</td>
<td>-0.833**</td>
</tr>
<tr>
<td>lnFOD</td>
<td>-2.629</td>
<td>-3.403**</td>
</tr>
<tr>
<td>lnFER</td>
<td>-3.233</td>
<td>-3.359**</td>
</tr>
</tbody>
</table>

Note: A significant at 1%, B significant at 5%, C significant at 10%. Critical values of the CIPS are not provided because of concision but may be given when requested. Both the CIPS and CADF are determined from the null hypothesis of cross-sectional independence.

Table 6. Westerlund panel cointegration test.

<table>
<thead>
<tr>
<th>Null hypothesis</th>
<th>Variance ratio</th>
<th>Conclusion</th>
</tr>
</thead>
<tbody>
<tr>
<td>No cointegration</td>
<td>Statistics</td>
<td>Prob.</td>
</tr>
<tr>
<td>2.229**</td>
<td>0.013</td>
<td></td>
</tr>
</tbody>
</table>

Note: *significant at 5%
1% increase in forest area associates with the 4.502% increase in the EPI. The uni-directional causality was also established from EPI to the forest area. The current study also endeavored to discover the association between food production index and EPI. The results confirmed 0.415% reduction in EPI due to a 1% increase in the food production index. The conservation hypothesis was also holding between EPI and food production index, which implies that EPI causes food production in the panel.

Table 8 reports the FMOLS model regression analysis results. The results showed the 0.265% reduction in the EPI score due to a 1% increase in fertilizer consumption, which implies that the fertilizer use was not beneficial for the environment. The conservation hypothesis was also holding between EPI and fertilizer use, which implies that EPI causes fertilizer consumption in the panel. The Granger causality analysis also revealed uni-directional causality from forest area to GDP, GDP to renewable energy, forest area to renewable energy, renewable energy to food production index, and GDP to fertilizer consumption.

In particular reference to Asia, it has been frequently observed that growth in GDP has been achieved at the cost of environmental deterioration. With the persistent growth in economies in the forthcoming decades, the critical policymaking theme by Asian states will be to find a balanced approach towards development and sustainability by introducing practical policies and establishing institutions [54]. Keeping in view the empirical findings of the statistically positive association of GDP with an environmental performance by Xavier et al., [5] and Gallego-Álvarez et al., [1], the current study could not discover any statistically significant association between the said variables. This variance in the study findings may be explained through multiple reasons. First, the sample size of the current study may be one of the reasons. We employed a large sample of 34 countries possessing diverse physical and demographic characteristics and resultantly caused variance in the study results. Second, the use of different indices for the measurement of environmental performance may explain the variance also. The current study used EPI in contrast to other studies which employed ESI. The two indices are different in a number of ways. For instance, the EPI evaluates present environmental situations, while ESI assesses long-term environmental path highlighting the sustainability of the environment. The EPI addresses the government-controlled domain,
while the ESI takes into consideration a broad array of determinants that may influence sustainability employing pressure-state-response model. EPI incorporates several levels with dual objectives, six categories and 25 indicators, while the ESI includes five factors, 21 indicators and 76 variables.

Regarding renewable energy use, our findings align with the studies conducted in other perspectives. Production eco-efficacy uses energy intensity as an approximate indicator. Lower energy intensity, a vital aspect of environmental performance with reference to resource conservation, is empirically discovered to possess association with lower CO₂ emissions. Hence, progress in the domain of production eco-efficiency is likely to produce several encouraging effects which include energy savings and reduction in emissions [55, 56]. Charfeddine and Kahia [57] suggested a number of policy options to promote renewable energy, i.e. (a) establishment of renewable energy as a compulsory target, (b) creation of renewable energy regulatory body, (c) decrease in subsidies on technologies using conventional energy, (d) insertion of externality cost of energy production in the prices. We also suggest enhancing renewable energy consumption (solar, wind, geothermal, hydropower, and biomass) for the protection of the environment.

Forest increase can help to combat carbon emission via photosynthesis and then remain stored as biomass subsequently used as input in the environment via decomposition process [58]. Moreover by controlling deforestation can reduce carbon emissions up to 7-billion metric tons annually, 42% of the total carbon emission can be reduced by reforestation of global grazing land alone [59]. Developing new forest area (Afforestation), adding trees to existing forest land (Reforestation) and other forest restoration activities are an effective tools to remove carbon dioxide concentration from the atmosphere [60]. A careful operational practice for forest management may improve economic and environmental performance for sustainability. Efficient harvesting techniques not only affect cost, productivity but environment as well [61]. Sustainable forest management through “Forest Management Certification” a newly introduced management practices strongly improve environmental performance [62]. So, our findings on positive and significant impact of forest area for environmental performance are in lined with literature.

Environmental impacts of food production occur from production to consumption level. Impacts at production side often depend on activities at consumption side, and improvement options for food industry might often involve changes that result in large savings at other nodes rather than for the industry’s own emissions [63]. With ever increasing population, minimizing environmental impacts associated with food production is accepted as key aspect to sustainability. Sustainability and optimum food production can be achieved by adopting cleaner production (CP) and reducing operational efficiency. Life cycle assessment (LCA) and CP are ensuring environmental protection globally [64]. Our results are also in lined with this literature.

Declining soil fertility is a major issue in developing countries due to intensive cultivation and deforestation. To sustain the ever-increasing world population, fertilizer use is best option, but environmental concerns are threatening. It is estimated that 70% of plant nutrients will have to supplement through fertilizer use by 2020. Strong technical and socio-economic measures are desired for sustained production and to reduce the incidence of global warming, ozone depletion, shortage of freshwater bodies and acid rains [65]. Negative environmental effects of fertilizer use in the form of Ammonia (NH₃) and Nitrous Oxide (N₂O) emission are confirmed. Therefore, reducing the fertilizer application may affect positively overall environmental improvement. One way of achieving is efficiency is to shift from crops of higher pollutant emissions to lower ones [66]. The efficient production and use of fertilizers for improving nutrient efficiency and minimizing environmental effects via non-conventional fertilizer application are viable solutions [67].

Conclusions

The findings of our study have developed a greater understanding on EPI and can be effective for ensuring environmental sustainability. The main objective of the current study is to evaluate the outcome of past environmental protection policies and to suggest improvement future policies. The procedure for completing the research comprised different steps. In the first step, we select important macro-economic variables like GDP, food production index, use of renewable energy, forest area and fertilizer use to gauge their impacts on environmental performance index in 34- Asian countries. To check the CD among countries, we applied CD test. Based on CD results, second generation panel unit root tests are carried out due to CD existence. Then Westerlund cointegration tests are applied to check the existence of cointegration, and FMOLS methodology is selected for regression analysis. Vector Error Correction model of granger causality is also applied to check the direction of causality among variables.

The regression result reveals that GDP exerts a positive but insignificant association with EPI. The use of renewable energy was significantly responsible for the improvement in EPI. The increase in forest area is significantly associated with EPI, and the food production index and fertilizer use negatively and significantly affect the EPI. The conservation hypothesis was holding between EPI and food production index; EPI and fertilizer use; EPI and forest area. Results of Panel Granger F-test confirmed the bi-directional causality between GDP and EPI and uni-directional
causality from EPI to forest area; from forest area to GDP; GDP to renewable energy; forest area to renewable energy; renewable energy to food production index, and GDP to fertilizer consumption.

In the face of the insufficient governmental capability for the enforcement of regulations in most of the Asian developing economies, the introduction of the market-based approach is likely to initiate an automated system because the industrial sector will start reaping the advantages of efforts aimed at the protection of the environment. Moreover, most of the Asian states are undergoing the development phase, where the quality of the environment is generally compromised.

Therefore, the introduction of eco-innovation in production technologies may act as a means to surpassing growth-oriented environmental degradation and accomplishing higher output and eco-efficiency simultaneously. For realizing technological advancement, policymakers should encourage research activities at academic and corporate levels, and support their use in both publicly and privately-owned organizations [23]. This kind of hybrid partnership in Asian states can serve as a novel way in the direction of sustainable growth that channels collective social actions. The results suggest that the environment is adversely affected because of the use of fertilizers for meeting superfluous food demand. In the light of econometric evidence, this study recommends using eco-friendly methods in the agriculture sector, for instance, using clean water, curtailing greenhouse emissions, and applying minimal amounts of chemical fertilizers. These steps can bring increased agricultural output and help in fighting against global warming through a reduction in carbon emissions. Last but not least, forest planting is an effective way to make better country environmental performance.

The future research should focus on evaluating the situation and influencing factors on socio-economic indices such as Global Competitive index; Ease of doing business; Corruption perceptions and Social Progress index which might be the limitations of the current study. This will give an insight into the area of performance of specific policies and could be used for future improvements in the study region as well as globally.

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Conflict of Interest

The authors declare no conflict of interest.

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What Drives the Environmental Performance...


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