

Original Research

Toxicological Affects of Essential Oils from *Eucalyptus globules* and Clove *Eugenia caryophyllus* on Albino Rats

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Abstract

The present work was planned to determine the median lethal doses (LD₅₀) and to evaluate the haematological and biochemical changes, and histopathological effects of the essential oils from eucalyptus *Eucalyptus globules* L. and clove *Eugenia caryophyllus* on liver and kidney of albino rats. The LD₅₀ was 2,334.4 and 3,597.5 mg/kg b.w. of eucalyptus and clove oils, respectively. Obtained data revealed that 1/10 LD₅₀ of both tested oils resulted in a significant increase in WBC counts and produced a significant decrease in haemoglobin concentration and platelets count at 5th and 10th doses, as well as RBC counts (-17.1 and -9.4% below normal level) at 10th dose. The activities of serum GOT and GPT enzymes were a significant increase at 5th and 10th doses in treated rats by both tested oils. While two essential oils had mild effect on kidney function, these oils produced a significant increase in creatinine and urea concentration at the 10th dose. Histopathological studies on liver and kidney revealed that both essential oils caused relatively moderate pathological changes in the liver as congestion of the blood vessels in the portal area associated with inflammatory infiltration. Also, two tested oils induced desquamation of the epithelial cells of the renal tubules.

Keywords: toxicological impacts, essential oils, eucalyptus, clove, rats

Introduction

Heavy reliance on the use of conventional insecticides has led to problems of insect resurgences, resistance, negative impact on non-target organisms, health and environmental hazards. These have raised concern among the public for the need to search for safe and environmentally friendly pest control options [1]. There is now a growing interest in the exploration of natural vegetation for possible alternatives [2]. Recently, attention has been given to the isolation and identification from plant sources for various

botanical compounds that possess insecticidal properties. Plants attracted the attention of entomologists because most botanical extracts are not toxic to warm-blooded animals and show no or moderate side effects on natural enemies [3]. They are known to provide effective control against insects that have become resistant to other insecticides [4]. Several plants have been found to possess insecticidal activities against a wide range of agricultural pests. The pesticidal and biological activities of plant extracts were extensively studied by several researchers [5-8]. Also, previous study from our laboratory concluded that the eucalyptus and clove essential oils induced high toxicity against the European corn borer *Ostrinia nubilalis* Hb [9].

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However, there is a dearth of toxicological information on the essential oils. Therefore, the present study was conducted to determine the median lethal doses (LD₅₀) and to evaluate the haematological and biochemical changes, and histopathological effects of the essential oils from eucalyptus *Eucalyptus globules* L. and clove *Eugenia caryophyllus* on liver and kidney of albino rats.

Materials and Methods

Essential Oils

Eucalyptus oil was extracted from *Eucalyptus globules* leaves, while volatile clove oil was extracted from *Eugenia caryophyllus* flowers using a Klevenger apparatus as described by Gunther [10]. The leaves of eucalyptus and flowers of clove were air dried in the shade. Twenty-five grams of dried leaves or flowers were separately mixed with 500 ml of water in a rounded one-liter flask and subjected for hydrodistillation for three hours. The resulting volatile oils were dried over anhydrous sodium sulphate and then stored in dark bottles in a refrigerator until used.

Animal Model

Male albino rats (wistar strain) weighing 150±20 gm were procured from an animal breeding house of the National Research Centre (NRC) in Dokki, Cairo, Egypt. Animals were acclimatized for laboratory conditions and fed on standard diet as per formula of NRC animals breeding house. Water was supplied *ad libitum*.

Determination of the Median Lethal Dose (LD₅₀)

According to the method of Finney [11] for determination of the median lethal dose (LD₅₀), exploratory trials were performed in five groups each of two rats, eucalyptus and clove oils were administered orally at doses of 500, 1000, 1,500, 2,000, and 2,500 mg/b.w. correspondingly in five groups to find the smallest toxic dose to start with. Dose 1,000 and 1,500 mg/b.w. of eucalyptus and clove, respectively, which was the first dose to cause signs of toxicity multiplied by constant factor (1.5) for each succeeding groups of rats. Nine groups of rats were used (10 of each), 1st, 2nd, 3rd, and 4th groups were given 1000, 1,500, 2,250, and 3,375 mg/kg b.w. of eucalyptus oil, while the 5th, 6th, 7th, and 8th groups were given 1,500, 2,250, 3,375, and 5,062.5 mg/kg b.w. of clove oil in four groups. The 9th group was kept as a control. Mortality of rats was recorded after 24 hr. The toxicity index of each oil was determined according to Sun [12].

Subchronic Toxicity

For studying the effect of repeated administration of tested oils on male albino rats, thirty animals were divided

into 3 groups (5 rats of each). The 1st and 2nd groups were treated by 1/10 LD₅₀ of eucalyptus and clove essential oils and the 3rd group was served as a control. Tested oils were dissolved in corn oil and administered orally by convenient stomach tube day after two days for one month. After 15 and 30 days of administration blood samples were collected in two tubes, the first containing heparin (7.5 I.U./ml) according to Schalm [13] for haematological investigation.

Haematological Investigation

Erythrocytic count (RBCs), leukocytic count (WBCs), platelets count and haemoglobin concentration were determined according to the methods served by Schalm [13].

Biochemical Changes

To study the effect of tested essential oils on serum constituents of rats, serum was collected after centrifugation at 3,000 rpm for fifteen minutes and kept at -20°C until used. Chemical analysis was carried out on serum, to assess the state of the liver and kidney. This included: serum glutamic oxalacetic transaminase (GOT), glutamic pyruvic transaminase (GPT) activities, creatinine, and urea concentration. Analysis was performed according to the set description of Bayer Corporation, SERA PAK [14], with the aid of AMES QUIK-LAB chemistry analyzer, Miles Inc., Germany.

Histopathological Studies

At the 10th dose, all the sacrificed rats were necropsied. Specimens were collected from liver and kidney organs and fixed in 10% neutral buffer formalin. Paraffin sections (6-8 microns) were prepared and stained with Harris haematoxylin and eosin [15] for microscopic examination.

Statistical Analysis

Statistical significance was assessed by Duncan and Tukey test at P<0.05 and P<0.01 [16].

Results and Discussion

Determination of the Median Lethal Dose (LD₅₀)

Obtained data (Table 1) concerning the median lethal dose (LD₅₀) of active principle of eucalyptus and clove essential oils revealed that the doses of the LD₅₀ were 2,334.4 and 3,597.5 mg/kg b.w., respectively, for rats under environmental conditions.

Obtained data revealed that eucalyptus essential oil is moderately hazardous (LD₅₀ 2,334.4 mg/kg b.w.), while clove essential oil is only slightly hazardous (LD₅₀ 3,597.5 mg/kg b.w.) according to the WHO classification [17].

Table 1. Toxicity levels of Eucalyptus and Clove essential oils against albino rats.

Compound	LD ₅₀	LD ₉₅	Slope	Toxicity index		Folds	
	(mg/kg b.w)	(mg/kg b.w)		LD ₅₀	LD ₉₅	LD ₅₀	LD ₉₅
Eucalyptus oil	2334.4	7632.13	3.2	100	100	1.54	2.36
Clove oil	3597.5	18037.1	2.3	64.89	42.3	1.0	1.0

Table 2. Effect of Eucalyptus and Clove essential oils on haematological parameters on albino rats.

Parameters	WBC (10 ³ /ml)		RBC (10 ⁶ /ml)		Hemoglobin (mg/ml)		Platelets (10 ³ /ml)		
	5 th dose	10 th dose	5 th dose	10 th dose	5 th dose	10 th dose	5 th dose	10 th dose	
Eucalyptus oil	10.5aA (+29.6)	13.25aA (+42.5)	4.28aA (-6.1)	3.63bB (-17.1)	11.2cC (-9.7)	9.8cC (-17.6)	276.0cC (-30.1)	207.0cC (-32.4)	
Clove oil	8.25bB (+1.85)	12.65bB (+36.0)	4.28aA (-6.1)	3.97bAB (-9.4)	11.8bB (-4.8)	10.3bB (-13.4)	310.0bB (-21.5)	256.0bB (-16.3)	
Control	8.1bB	9.3 cC	4.56aA	4.38 aA	12.4aA	11.9aA	395.0aA	306.0aA	
LSD	5%	0.46	0.11	0.35	0.35	0.26	0.13	13.1	4.7
	1%	0.76	0.19	0.57	0.57	0.43	0.22	21.7	7.8

*(According to Duncan test) Letters means the significant differences between treatments and control. Each figure between brackets represents the percentage of content as check.

Haematological Changes

Obtained data (Table 2) revealed that the 1/10 LD₅₀ of eucalyptus oil caused a significant increase in WBC count (29.6% above normal level) at 5 doses of treated rats as compared with 1/10 LD₅₀ clove treated rats and normal animals, while at the 10th dose both tested oils caused a significant increase in WBC count (+42.5 and +36.0%). The high increase of leucocytes may be due to the inflammatory response induced as a defensive mechanism. Also, both compounds may affect the leucocytic count by the stressogenic effect of these insecticides on the reticuloendothelial system [18].

Although the tested essential oils did not produce any significant effect on RBC count at the 5th dose, there was a significant decrease at the 10th dose (17.1 and 9.4% below the normal level) that caused a significant decrease (P<0.01) in haemoglobin concentration and platelet count at all the doses investigated. The present findings revealed reduction in numbers of both RBCs and platelets probably due to a suppressive and toxic effect on bone marrow and subsequently on haematopoiesis. Since platelets are synthesized in bone marrow, so the double suppressing effect on RBCs and platelets would be explained [19]. On the other hand, the significant decrease in haemoglobin percent and lowering of erythrocytes was noted, indicating anemia during the toxicity study [20].

Biochemical Changes

The result on liver function showed that the eucalyptus and clove essential oils produce a significant increase on the activity of GOT at all doses, but revealed significant (P<0.05) increase in GPT activity at the 5th dose (14.2 and 11.9% above the normal level, respectively) and 10th dose (+62.6 and 27.2%, respectively). GOT and GPT activities were activated in liver of treated animals. The disruption of transaminases from the normal values denotes lesions of tissues and cellular function because they are involved in the detoxification process, metabolism, and biosynthesis of energetic macromolecules for different essential functions [21]. Also, these results are in accordance with those obtained by Arise et al. [22], who reported that repeated administration of varying concentrations of the aqueous extract of *Eucalyptus globules* leaves caused a significant increase in acid and alkaline phosphatase activities in the liver and serum of albino rats. GOT and GPT were significantly increased, implying negative impact on liver functions. According to Witthawaskul et al. [23] the two enzymes mainly associated with hepatocellular damage in liver are AST and ALT. Also, AST is present in a wide variety of tissues, including heart, skeletal muscles, kidney, brain, and liver [24].

Therefore, the significant increase of GOT in rats treated with eucalyptus and clove essential oils sub-chronically

Table 3. Effect of Eucalyptus and Clove essential oils on liver and kidney function indices of albino rats.

Parameters	GOT (U/l)		GPT (U/l)		Creatinine (mg/dl)		Urea (mg/dl)		
	5 th dose	10 th dose	5 th dose	10 th dose	5 th dose	10 th dose	5 th dose	10 th dose	
Eucalyptus oil	30.5aA (+38.0)	38.7aA (+58.0)	28.9aA (+14.2)	41.8aA (+62.6)	0.8 aA (+33.3)	1.0 aA (+42.9)	25.7aA (+13.7)	30.8aA (+24.7)	
Clove oil	27.0bA (+22.2)	30.4bB (+24.1)	28.3aA (+11.9)	32.7bB (+27.2)	0.7 aA (+16.7)	0.9abA (+28.6)	24.4aA (+8.0)	26.8bAB (+8.5)	
Control	22.1cB	24.5cC	25.3bA	25.7cC	0.6 aA	0.7 bA	22.6aA	24.7bB	
LSD	5%	2.62	2.62	2.62	3.93	0.26	0.26	3.46	3.46
	1%	4.34	4.34	4.34	6.51	0.43	0.43	5.74	5.74

*(According to Duncan test) Letters means the significant differences between treatments and control. Each figure between brackets represents the percentage of content as check.

effect, may be due to the release of enzymes from the cells of the affected organs, or to change in cell membrane permeability [25]. In the same trend, obtained data by El-Mahrouky et al. [26] indicated that a house sparrow treated

with 1/4 LD₅₀ of camphor leaf extract induced a gradually significant increase in plasma GOT and GPT activities at intervals 3, 6, 12, 24, and 48 hours post-treatment.

Also, obtained results revealed that the tested oils have a mild effect on kidney function (creatinine and urea concentration), whereas the administration of eucalyptus oil caused a significant increase (P<0.05) in creatinine and urea concentrations after 30 days (+42.9 and +24.7%, respectively), but clove oil did not produce any significant changes in both parameters at all doses. These changes may be due to epithelial necrosis to the renal tubules with nuclear and chromatin changes in the epithelium of cortical tubules [27]. The occurrence of generalized convulsions in humans was observed after camphor ingestion [28].

Histopathological Changes

Histopathological effects of eucalyptus and clove essential oils on liver and kidney of treated albino rats were observed.

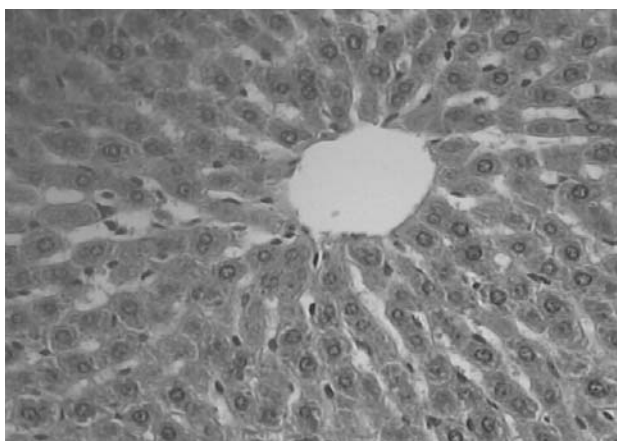


Fig. 1. Section of control liver showing the normal structure of the hepatic lobules (H & E stain -X 150).

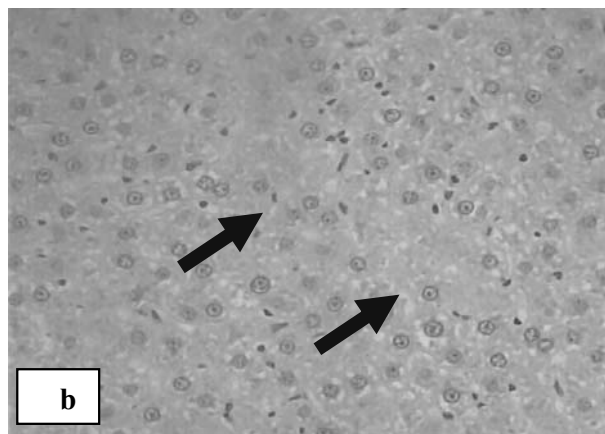
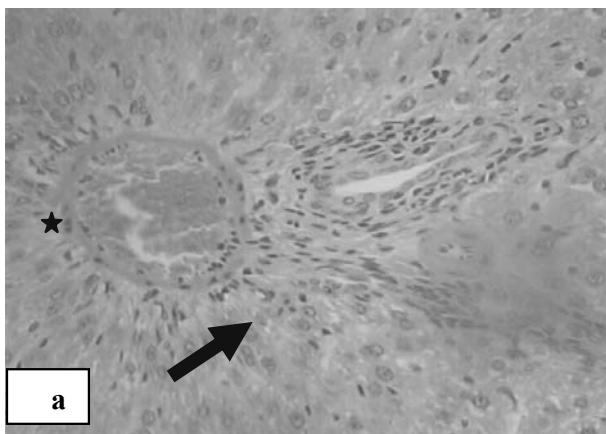


Fig. 2ab. Section of liver of rats treated by 1/10 LD₅₀ eucalyptus essential oil showing congestion of the blood vessels (asterisk) in the portal area associated with inflammatory infiltration (arrow) (Fig. 2-b) and showing small vacuoles in the hepatocytes (arrow). (H & E stain -X 150).

I-Liver

Microscopic examination of liver sections of control rats showed the hepatic lobules, the structural units of the liver; each is formed by cords of hepatocytes and blood sinusoids in between (Fig. 1).

Administration of $1/10$ LD₅₀ of eucalyptus essential oils after two days for one month caused congestion of the blood vessels in the portal area associated with inflammatory infiltration. Also, small vacuoles were shown in hepatocytes (Figs. 2 a, b). Our results agree with those obtained by Abd El-Gawad et al. [29], who reported that $1/4$ LD₅₀ of camphor leaf ethanol extract caused dilation of the central and portal veins, with lymphocytic infiltration at liver of house sparrow and palm dove. Arise et al. [22] found that aqueous extract of *E. globules* leaves may have deleterious effects on liver membrane structure and functional integrity.

Examination of liver sections of rats received an oral dose equal to $1/10$ LD₅₀ of clove essential oil showed that the structure of the hepatocytes appeared more or less like normal. The specimens also revealed congestion of the blood

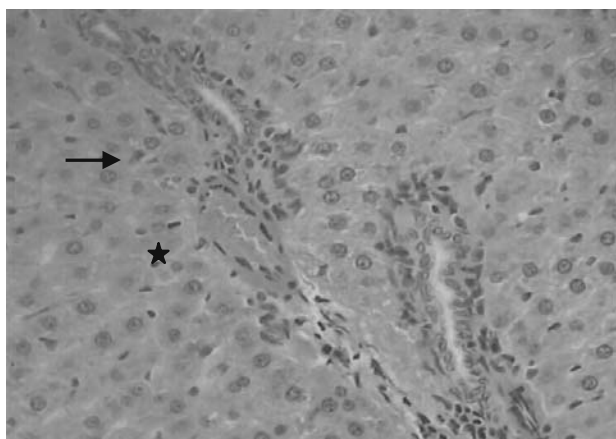


Fig. 3. Section of liver of rats treated by $1/10$ LD₅₀ clove essential oil showing congestion of the blood vessels (asterisk) in the portal area associated with inflammatory infiltration (arrow) (H & E stain – X 150).

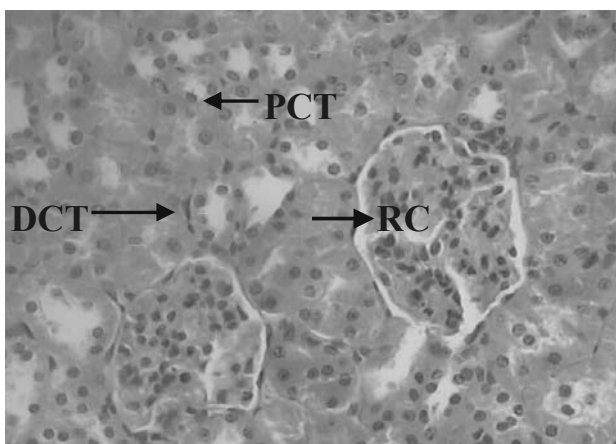


Fig. 4. Section of kidney of control rat showing renal corpuscle (RC) and renal tubules, proximal convoluted tubules (PCT) and distal convoluted tubules (DCT) (H & E stain –X 150).

vessels in the portal area and associated with inflammatory infiltration (Fig. 3).

2-Kidney

Examination of kidney sections of control animals showed renal corpuscle and renal tubules, proximal convoluted tubules and distal convoluted tubules (Fig. 4).

Administration of oral doses equivalent to $1/10$ LD₅₀ of eucalyptus essential oil showed lobulated renal corpuscles and desquamation of epithelial cells of the renal tubules. Hemorrhage in the interstium was seen (Fig. 5). Examination of kidney of treated rats by $1/10$ LD₅₀ of clove essential oil showed lobulated renal corpuscles and the desquamation of the epithelial cells of the renal tubules (Fig. 6). In the same trend, data obtained by AbdEl-Gawad et al. [29] revealed that congestion with lympho-

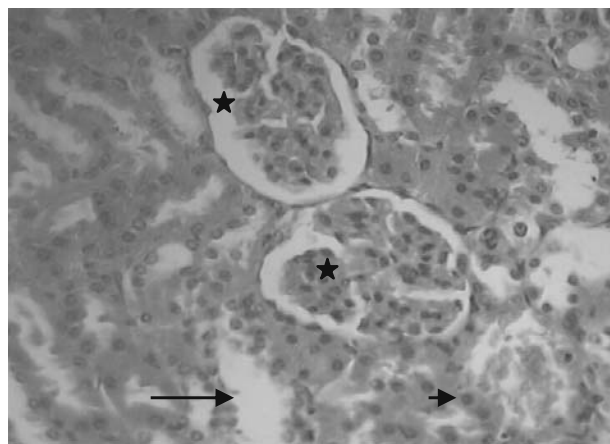


Fig. 5. Section of kidney of rats treated by $1/10$ LD₅₀ eucalyptus essential oil showing renal corpuscle and renal tubules, proximal convoluted tubules and distal convoluted tubules. Notice the lobulated renal corpuscles (asterisk) and the desquamation of the epithelial cells of the renal tubules (arrow). Hemorrhage in the interstium also can be seen (arrowhead) (H & E stain – X 150).

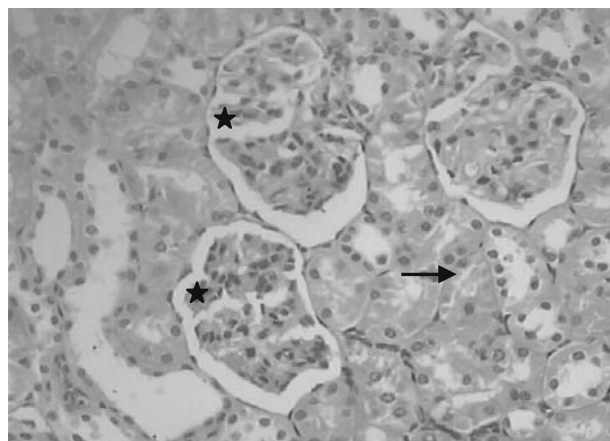


Fig. 6. Section of kidney of rat treated by $1/10$ LD₅₀ clove essential oil showing renal corpuscle the lobulated renal corpuscles (asterisk) and the desquamation of the epithelial cells of the renal tubules (arrow) (H & E stain –X 150).

cytic infiltration and fibrosis at house sparrow kidney treated by $1/4$ LD₅₀ of camphor leaves extract, while kidney palm dove showed cloudy swelling.

Conclusions

It could be concluded that the both tested essential oils attack more than one biochemical active site and act on a physiological system, leading to serious metabolic and cellular damage. These effects may influence the use of the oils from eucalyptus *Eucalyptus globules* L. and clove *Eugenia caryophyllus* as insecticides. Also, more studies are needed to confirm the insecticidal activity of these oils. Moreover, the comparative study showed that clove essential oil has a lower toxicity than eucalyptus essential oil.

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